

STAKEFORD PRIMARY SCHOOL

LUNCH MENUS



Week One

All of our menus are in line with School Food Standard guidelines. Although not on the menu, a portion of bread (including wholegrain) and water are available daily.

We also offer alternatives for children following a vegetarian or vegan diet as well as dietary requirements related to religious beliefs on request.

School collects data relating to food intolerances and allergies and alternatives are offered where these occur.

Allergen Information:

Monday: Wheat (gluten), milk, egg

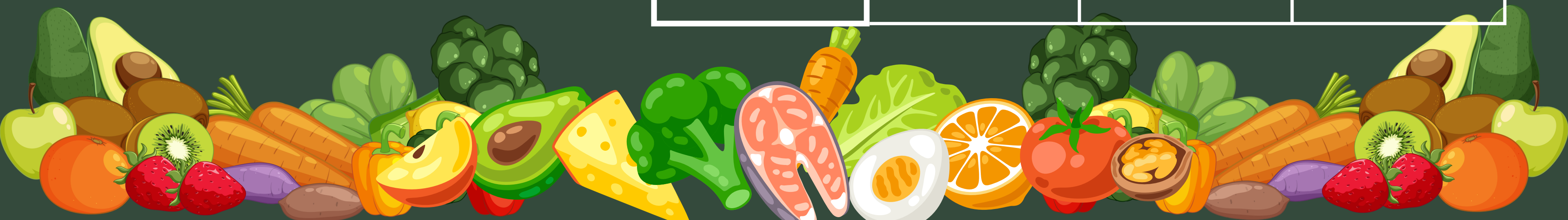
Tuesday: Wheat (gluten), egg, milk, soya

Wednesday: Wheat (gluten), egg, milk, soya

Thursday: Milk, wheat (gluten)

Friday: Fish, wheat (gluten), milk, egg

	Mains	Sides	Puddings
Monday	Sausage Roll	Potato Wedges, Beans	Jelly, Milkshake or Fresh Fruit
Tuesday	Chicken	Mashed Potato, Veg, Yorkshire Pudding	Cookie, Milk or Fresh Fruit
Wednesday	Pizza	Nachos, Salad, Sweetcorn	Brownie/ and Ice cream or Fresh Fruit
Thursday	Chicken Curry	Rice, Naan Bread, Green Beans	Angel Delight or Fresh Fruit
Friday	Fish Portion	Chips, Peas	Muffin, Milkshake or Fresh Fruit



Week Two

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Allergen Information:

Monday: Wheat (gluten), egg, milk, soya

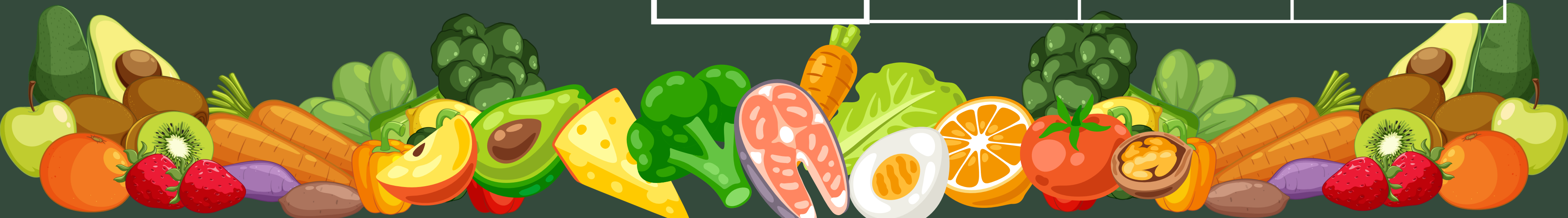
Tuesday: Wheat (gluten), egg, milk, soya, Sulphates

Wednesday: Fish, wheat (gluten), egg, milk, soya,

Thursday: Wheat (gluten, milk, soya

Friday: Wheat (gluten), milk, egg, soya

	Mains	Sides	Puddings
Monday	Chicken Goujons	Chips,, Beans	Chocolate Cake or Fresh Fruit
Tuesday	Sausage	Mashed Potato, Veg, Yorkshire Pudding	Cookie, Milkshake or Fresh Fruit
Wednesday	Salmon Portion	Potato Wedges, Peas, Sweetcorn	Cake and Custard or Fresh Fruit
Thursday	Pasta Bolognaise	Garlic Bread, Carrots	Frozen Yoghurt or Fresh Fruit
Friday	Burger in a Bun	Chips, Beans	,Doughnut, Milkshake or Fresh Fruit



Week Three

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School collects data relating to food intolerances and allergies and alternatives are offered where these occur.

Allergen Information:

- Monday:** Wheat (gluten), egg, milk
- Tuesday:** Wheat (gluten), egg, milk, soya
- Wednesday:** Wheat (gluten), egg, milk, soya
- Thursday:** Gluten (wheat, barley), milk, eggs, celery, mustard, soya, sulphates
- Friday:** Wheat (gluten), milk

	Mains	Sides	Puddings
Monday	Pizza	Nachos, Salad, Sweetcorn	Angel Delight or Fresh Fruit
Tuesday	Mince Dinner	Mashed Potato, Veg, Yorkshire Pudding	Cookie, Milkshake or Fresh Fruit
Wednesday	Chicken Curry	Rice, Naan Bread, green beans	Jam Sponge and Custard or Fresh Fruit
Thursday	Pasta and Meatballs	Garlic Bread, Carrots	Krispie Cake or Fresh Fruit
Friday	Hot Dog in a Bun	Chips, Beans	Yoghurt or Fresh Fruit

